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Alexis Monville on The Chimp Paradox: The Acclaimed Mind Management Programme to Help You Achieve Success, Confidence and Happiness - Steve Peters. @board c'est parti, bonne lecture à tous ! Isabel et moi ne seront pas la le 21/5 :(je vous propose 2 options: vous faites cette édition du club sans nous ou l'on change la date au 14/5

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